Aspire, Believe and Achieve Together



Newsletter 30 Friday 14th May 2021



Dear Parents and Carers

I am very pleased to update you to say that although I reported a positive lateral flow test result in last week's newsletter, the PCR test actually came back negative and so there was no need for anyone to self-isolate this week.

An announcement was made this week informing that masks will not be compulsory in schools from Monday 19th May leaving each school to make the decision on whether masks should be worn. After careful consideration the decision is to continue wearing masks for the next two weeks until half term and we will then review. Our year 11 and 13 students are working on their assessments for their school teacher assessed grades and if we all continue wearing masks we will be minimising the risk for any students having to self isolate at such a critical time.

Next week, and in particular on Friday, we will be taking time as a school to focus on the uniqueness of our school community. With pupils, parents and staff representing over 30 different countries, we have over 41 different languages spoken amongst us. Staff members and pupils will be encouraged to share their cultural backgrounds and to decorate their form rooms throughout the week. On Friday 21st May we will be encouraging everyone to come into school wearing clothing that represents their culture of origin, a culture they wish to be associated with or the colours of the flag of their country. This is not a traditional "non uniform" day and it is always a magnificent highlight of the year with music, dancing and different foods at break time and lunchtime. It will be slightly different as year groups will have to stay within their zones as the Covid safety measures are still in place. As well as celebrating our diverse cultures, we will be taking the opportunity to pray for peace and justice across the world.

Best Wishes

Joy Langley

Interim Principal.



Contact Details



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The theme for this years Mental Health Awareness Week is Nature.

Nature is so central to our psychological and emotional health, that it's almost impossible to realise good mental health for all without a greater connection to the natural world. For most of human history, we lived as part of nature. It is only in the last five generations that so many of us have lived and worked in a context that is largely separated from nature. And it is only since a 1960s study in the US found that patients who were treated in hospitals with a view of nature recovered faster, that science has started to unpack the extraordinary health benefits.

For more information about this year's Mental Health Awareness Week visit <u>mentalhealth.org.uk/mhaw</u> or join the conversation on social media using #ConnectWithNature and #MentalHealthAwarenessWeek

This week as a school for Mental Health Awareness week,

we have been doing a number of things to encourage the school community to think about their own mental wellness and how they can do things to enhance/improve it.

During form time each form were provided with a leaf template. Students and staff were then asked to fill in a leaf which will make up the King's Well-Being Tree which will then be displayed in the school foyer.



Each leaf was to have an example of something an individual may do to maintain their mental well-being (going for a walk/baking/reading etc) or positive words of encouragement for people to see. The words included could help improve the mood of someone who may be having a bad day.

YOUNGMINDS

Whether you are a young person facing a lot of challenges at the moment or an adult concerned about a young person's well-being, the <u>young minds</u> website can offer you ideas and support.

Kooth is a fantastic online platform for young people. Need to talk? Kooth offers free, safe and anonymous online support Their friendly counsellors are available online until 10pm. Please take a few moments to watch this short video for further information.



The Royal Wolverhampton NHS Trust are offering a new text messaging service for young people, ChatHealth, further information can be found here.



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The King's Fundraising Fortnight. 10th –24th May.

Help us make a difference.....

This climate crisis hurts us all. But people living in poverty fight the worst of it every day. From drought to flooding, climate change robs people of control over their lives. Extreme weather means people are struggling to survive without a reliable source of water. Anyone can make a difference for these people living in poverty everyday.



Your donation could help a community build an earth dam, so when the rains do come, they will have the water they need to live. A reliable source of water will help families withstand long drought or relentless rainstorms. Every gift. Every challenge can change lives.

We as a school are trying to raise as much money as possible for Christina aid week, and we won't be able to do that without your help. We want to change and help people who are less fortunate than ourselves, and help people achieve the rights they are entitled to, together we can end poverty worldwide.

If we raise £30....

It could buy six taps for a dam's waterpoint, helping someone access water more easily.

If we raise £50...

It could buy over 400kg of cement, building a strong and durable dam a community can depend on.

If we raise £100...

It could pay to teach 22f farmers how to plant drought-tolerant crops that can survive the drought.

Form competitions:

Race to £15—the first form in each year group to get to £15 will win a prize. Top fundraising form—the form who raises the most money in each house will win a prize.

As the King's school being a Church of England school, we have strong faith in our school values:

EMPATHY, RESPECT, RESPONSIBILITY, FORGIVENESS.

By Solin & Fatema, 6th Form.

6th Form



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Mental Health **Awareness Week** 10-16 May 2021



Congratulations to our Year Stars of the Week

Year 7 India Allmark Year 8 Maya Zadi Year 9 Saarah Ali Year 10 Tia Patel Year 11 **Sophie Davies** Year 12 Tia Mistry Mohammed Saadieh Year 13

Congratulations to our House Stars of the Week

York Tia Patel Lichfield India Allmark Swera Arshad Canterbury



Congratulations to our House Stars and Form Groups of the Week HOUSE STARS OF THE WEEK HOUSE TOTALS THIS WEEK HOUSE FORM GROUP OF THE WEEK THE KING'S HOUSE OF THE WEEK HOUSE TOTALS THIS WEEK

Congratulations to our Tutor Groups of the Week

7CDOL 8YMCC 9CKEY 10LPRE 11YEAS





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Creative Faculty News.....

Duke of Edinburgh Navigation Walk on Sunday 16th May.

We have 36 students and 8 members of staff completing a 12km walk on Sunday. The students will be using their newly learnt map reading skills to navigate the way. We're hoping for fine weather and for no-one to get lost. The students enrolled on the Duke of Edinburgh Bronze Award programme have been working really hard each week after school to prepare themselves for this occasion. It has been a long time since students have attended a school trip due to the pandemic, so I know they're excited.



Inter-house this week:

The Year 9 basketball teams representing York, Canterbury and Lichfield this week were fantastic, demonstrating high levels of competitive and skilful basketball. Well done to Canterbury, who actually turned up with two organised teams and managed to take the lead.

The National Theatre:

The Drama department is continuing to work with the National Theatre, and we are very privileged to be one of the selected schools that had the opportunity to watch a performance of Romeo and Juliet. Mr Shoukat was interviewed by BBC West Midlands on Monday to talk about the performance and the teaching of Shakespeare from the start of year 7.

Miss Pugh.

Head of Creative Faculty.

Apprenticeship update.....

Apprenticeships are a fantastic option for young people and an exciting way to gain first hand experience in the work place, academic qualifications and a wage. Please use this <u>link</u> for the May edition of the Parents and Carers apprenticeship pack.



Ms Arnold

Head of Careers

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Covid Vaccine Information from Wolverhampton City Council

- The vaccine is safe and effective.
- Getting vaccinated is easy.
- Having the vaccine is the best way to protect yourself and others
- It is important to have both doses when offered to you. The second dose makes sure that you have maximum protection.
- The sooner people are vaccinated, the quicker we will return to a more normal way of life
- Once you've had the vaccine you still need to follow guidance. That means staying at home when you can, and following the 'hands, face, space and fresh air' guidance when you can't and having twice-weekly tests.

You can also find translated versions of these key messages on our <u>Vaccine information in other languages page of our website</u>.

Vaccine now offered to over 40s

Over 40s, or people who turn 40 by 1 July, can book their first jab through the NHS website.

Vaccination numbers in Wolverhampton

The latest figures show that 54,384 people across the city have now had both doses of the vaccine and 130,264 have had their first doses. In total, almost 35 million people in the UK have now had at least one dose.

Get up, Get Tested, Get Back to Normal

On Friday 7 May a new campaign was launched to encourage people living in the city to get tested twice a week and make regular rapid coronavirus testing part of their everyday lives, as restrictions continue to ease. You'll see adverts and posters, which feature our students, across the city over the coming weeks. More information about free rapid tests and how to get them is available on the council website: www.wolverhampton.gov.uk/news/campaign-urges-us-get-get-tested-get-back-normal

Vaccine survey

More than 300 people have completed out short vaccine survey so far, telling us what they think about the coronavirus vaccine in Wolverhampton. The short questionnaire asks about your experience of having the vaccine, or if you have not had it, what may be causing hesitancy. There is still time to complete the survey, and the results are helping us to improve the way we share information and make sure that the process of going for your jab is as easy as possible.

If you haven't done so already, you can complete the survey here: www.wolverhampton.gov.uk/vaccine-survey

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From the Chaplain....

I am writing this on Ascension Day, the day when we remember the risen Christ finally leaving his disciples to join his Father where he will reign in heaven. And as we read the story from Mark's gospel this week we were reminded of Jesus appearing to his friends for the last time in physical form and of his final words to them.

Firstly Jesus tells them to believe. We sometimes struggle to believe good news, don't we. Perhaps our scepticism can sometimes seem healthy and can save us from unnecessary disappointment. We hear that the Covid situation is improving and that holidays to certain countries will soon be allowed, but many of us are holding back from rushing out to book flights in case the situation suddenly changes again. Jesus risen from the dead must have seemed too good to be true for those disciples who hadn't yet seen him with their own eyes, and yet the ability to believe in this miracle would be the foundation on which the Christian faith was built and without which everything we hope for would be nonsense.

Secondly Jesus instructed his disciples to pass on the good news which they had received, that others too might know the hope and the joy of a relationship with the living God. And the responsibility of passing on the good news is still met by Christians today, in many different ways and with varying degrees of confidence. This week is Mental Health Awareness week and I have been struck by just how many people are struggling to see any hope and joy in their lives at the moment. On what is our own hope founded? Where are the moments of greatest joy in our own days or weeks and how might we be able to share them with those we know who are struggling?

Jesus didn't just ask his disciples to pass on the good news to their families and closest friends but he sent them out to 'the whole human race' and encouraged them with the signs that would accompany their words in terms of healing and protection. As members of the King's School take part in Christian Aid week and raise money for Climate Justice, we consider the difference we can make in bringing hope for a healthier and fairer world to those who are most in need and who are suffering most from the climate emergency. What an ideal opportunity for us to 'transform our lives and the lives of others' as is says in our school vision!

Wishing you all peace and hope in abundance this weekend.

Next Week's Theme for Worship

Luke 5: 27-32

Jesus calls Levi







At The King's CE School we believe that everyone is unique and created in God's image. We enable all to achieve their God-given potential; to grow, learn and aspire; to transform their lives and the lives of others and to journey in faith without limits within a unified, respectful and harmonious community.

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